



Being a Parent Course

Empowering Parents, Empowering Communities (EPEC)

This 8 week course helps parents learn practical communication skills for everyday life & bring up confident, happy and co-operative children

When: Tuesdays @ 09:30am – 11:30am

**Starting: 24th September 2019 (Intro Session)
1st October – 26th November 2019
(Weekly, excluding half-term)**

**Where: Alfred Salter School
Rotherhithe
London, SE16 7LP**

This is a free course for mums, dads and carers of children aged 2 – 11.

Please note that there are no Crèche facilities.

For course bookings please contact:

**Sharon Evans at:
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Tel: 0207 252 3676



The Centre for
Parent and Child
Support

South London and Maudsley 
NHS Foundation Trust

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