

Family Early Help Parenting Programme Timetable - Autumn Term
All courses will run September to December 2019, are free of charge and will have light refreshments provided

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Father's Group (Pilot) Facilitator: Ben Campbell Start Date: 23/09/2019 Weekly 10:00 - 12:30 <u>Thomas Carlton Centre, Alpha Street, SE15 4NX</u>	Strengthening Families, Strengthening Communities (Morning Group) Facilitators: Fidelia McWhinney & Lorna Adebambo Start Date: 17/09/2019 Weekly 10:00 - 13:30 <u>Dulwich Wood Children's Centre, Lyall Avenue, SE21 8QS</u>	Strengthening Families, Strengthening Communities (Evening Group) Facilitator: Rebecca Arinze Start Date: 18/09/2019 Weekly 17:00 - 20:30 <u>Ann Bernadt Children's Centre, 29 Chandler Way, SE15 6DT</u>	Parents4Parents Facilitator: Rebecca Arinze Start Date: 12/09/2019 Fortnightly 10:00 - 13:00 <u>Ann Bernadt Children's Centre, 29 Chandler Way, SE15 6DT</u>	Strengthening Families, Strengthening Communities Facilitator: Chalice Richardson Start Date: 13/09/2019 Weekly 10:00 - 13:00 1st place Children and Parents' Centre 12 Chumleigh Street, Burgess Park London SE5 0RN	Father's Group Stay & Play Facilitator: Katie Hennessy Southwark Park Start Date: 21/09/2019 Monthly 10:00 - 12:00 <u>Rotherhithe Children's Centre, Southwark Park, Park Lodge, Hawkstone Road, London SE16 2PE</u>

If you would like more information on any of the parenting programmes, please contact the relevant facilitator(s) using the contact details below:

Parenting Practitioners:

Ben Campbell
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 (E)

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Administrator:
 Alex Francis
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KEY
<u>Parents with children aged 8 - 19</u> Strengthening Communities (SFSC) is an inclusive programme, designed to promote protective parenting with good parenting and better outcomes for children.
<u>Parents with children aged 0 - 12 months</u> In this programme, parents will learn how to help their child secure, as well as encouraging their babies' and language development.
<u>Parents with children aged 0 - 19</u> A safe space for any male with a caring responsibility to discuss parenting difficulties, strengths & weaknesses in a confidential and encouraging space.
<u>Parents with children aged 2 - 11</u> Helps parents to look at their relationship, how well it works, the impact of conflict on themselves and their children, improves communication and relationships within the family and promotes positive family outcomes.
<u>Parents with children aged 2-11</u> Helps parents to look at their relationship, how well it works, consider the impact of conflict on themselves and their children.
<u>For all parents</u> A support group for parents, for parents, with the support of a parenting practitioner. This is a space for parents to ask questions, other parents who have experienced similar issues and problems.

The last week for referrals for any of the above parenting programmes will be the week commencing 7th October. Any referrals for a Parenting Programme received after this date will be deferred for the next cohort,

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Incredible Years Baby Group
Start Date: 24/09/2019
Weekly 10:00 - 12:00

Rye Oak Children Centre,
Whorlton Road. SE15 3PD

3PN

Boro Southwark Children Centre Strategic Hub Leads

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&
Nicola Howard:
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